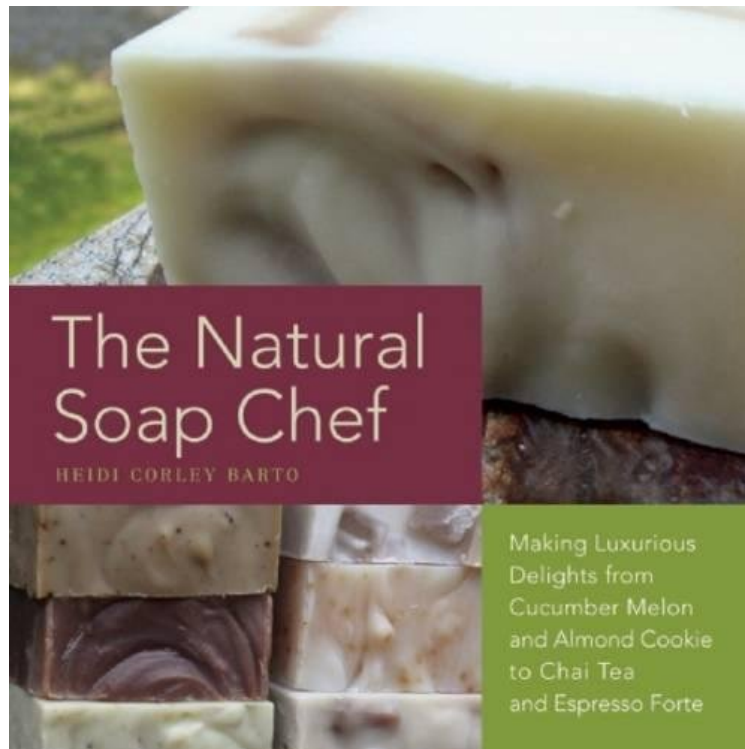


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## The Natural Soap Chef: Making Luxurious Delights from Cucumber Melon and Almond Cookie to Chai Tea and Espresso Forte

Heidi Corley Barto

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**Heidi Corley Barto : The Natural Soap Chef: Making Luxurious Delights from Cucumber Melon and Almond Cookie to Chai Tea and Espresso Forte** before purchasing it in order to gage whether or not it would be worth my time, and all praised The Natural Soap Chef: Making Luxurious Delights from Cucumber Melon and Almond Cookie to Chai Tea and Espresso Forte:

21 of 21 people found the following review helpful. Great Beginner Book, Great RecipesBy Dana HuffThe Natural Soap Chef covers all the basics and shares some great recipes and ideas for making soap. It also has wonderful photography. The content is organized, and the recipes are easy to follow. I'd recommend it to anyone beginning to make soap. Experienced soapers should be warned: most of the recipes are based on one oil recipe, so there is not a lot of variety, but if you are learning to make soap and want to try different things while you master an oil recipe, this is a good book to read. Also, this book does not cover how to create recipes of your own, which some reviewers didn't like, so if you are looking to learn how to do that, you probably don't want to check this book out. However, if you are looking for creative ideas and basic information, this book is excellent.5 of 5 people found the following review helpful. Good Book, Easy to ReadBy Krista YThis book is well organized and clearly written. She explains the

process of trace very well with corresponding photos. She also discusses lye safety in detail and how to handle it. I like the small description next to each photo of the recipes which gives great info on the various properties of the ingredients or the personal reason why she developed it. She uses several olive oil infusions, fruit vegetable purees, milks, coffee, tea and beer. This is nice reminder that we don't have to use only water as the liquid. Yes, most of her recipes use the same oils but if you're a beginner it will really simplify things for you. At the end she includes a nice glossary of terms and a list of resources. If you're new to soap making, this is a good book to buy. If you're more advanced you may appreciate the various infusions and interesting ingredients she uses. I like the book and recommend it to anyone interested in learning to make their own soap.

3 of 3 people found the following review helpful. Delightful!

By adventurebabblr  
Discovered some wonderful smelling soap at my local grocer, and was shocked to find it cost \$6.00 a bar. I splurged, hurried home to indulge myself with this heavenly bar of soap only to discover that it dried my skin out....and was gone in two weeks (my husband loved it). So, after being disappointed with my purchase, I came to to see exactly how hard it was to make my own soap. I bought this book, worried that I'd read it and discover I was much too inept to attempt soap making. When the book arrived I sat down and read it...all of it. Every soap 'recipe'...everything. Here's what I discovered: Soap can be dangerous so follow all safety precautions and do as much research as possible to avoid dying (that's always my first concern lol). Also, soap can be more fun than baking (which I love) because your finished project will not force you to buy bigger clothes. I loved the recipes in this book, and Ms. Barto does a wonderful job of making them simple and providing fabulous directions. Another bonus? She tells you how to personalize the recipe, so you can make the soap YOU want. I would like to say that I felt this book was made for crafty folks who already have a basic understanding of soap making, not for someone like me who knew absolutely NOTHING about it. Of course, it is such a wonderful book that I don't mind getting something more in-depth and keeping this one for when I'm ready to make fabulous soaps!

**TRANSFORM YOUR SKIN WITH HOMEMADE SOAPS**

Pamper yourself with natural moisturizing lather. Indulge your senses with aromatic fragrances. Beautify your bath with stunning soap that you've created. This book shows how to take wonderful ingredients and turn them into amazing soaps like:

- \* Rosemary Olive Oil Soap
- \* Pink Grapefruit Soap
- \* Lemon Verbena Soap
- \* Chocolate Souffl Soap
- \* Chai Tea Soap
- \* Baby Rose Soap
- \* Guinness Stout Soap
- \* Espresso Forte Soap
- \* Cut Grass Soap
- \* Head-to-Toe Shampoo Bar
- \* Cucumber Melon Soap
- \* Pumpkin Spice Soap

Including easy step-by-step directions and helpful instructive photos, The Natural Soap Chef is chockfull of inventive recipes and techniques that will teach you cold process soap making. Make your own luxurious bars and unique soaps right in your own kitchen that will please even the most sensitive skin.

From the Author  
If you have a hobby that you enjoy, don't keep it to yourself! Start a blog and share your experience with the world. You never know who may be watching/reading. In my case it was Ulysses Press. Writing a book was something I never expected to do, but now that it's all said and done, I'd do it again in a heartbeat. I'm so glad I'm able to inspire new soap makers and reach people from all over the world.