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Aneko Hara

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Make your life simpler and happier! In this book you will find the best tips to achieve a transformation of your life and space. And you will! Organize your home once and forever to achieve a life transformation. An organized environment reduces stress and helps you to find your inner peace. Reaching your area of Zen will make your life so much better. It allows you to open up your mind to a lot of possibilities that will give you peace and make you happier. Decluttering and having Zen can go hand in hand. It enables a balanced and harmonic state. Simplicity is the very first step to happiness. Lets go!